5th HEPATITIS C TECHNICAL ADVISORY GROUP TAG Meeting

PREVALENCE OF HEPATITIS B AND ASSOCIATED RISK FACTORS

Ana Kasradze, MPH National Center for Disease Control and Public Health

Rationale

 Limited data on HBV and HCV prevalence and associated risk factors

Survey objectives

Primary Objectives

- Calculate HCV & HBV prevalence in Georgia
 - Nation-wide
 - In 6 major cities (including Tbilisi)
 - Several specific geographical regions
 - Urban vs. rural
- Determine risk factors

Secondary Objectives

 Update 2010 WHO data on prevalence of risk factors for non-communicable diseases (NCDs) – hypertension, obesity, smoking, alcohol misuse, physical activity

Methods

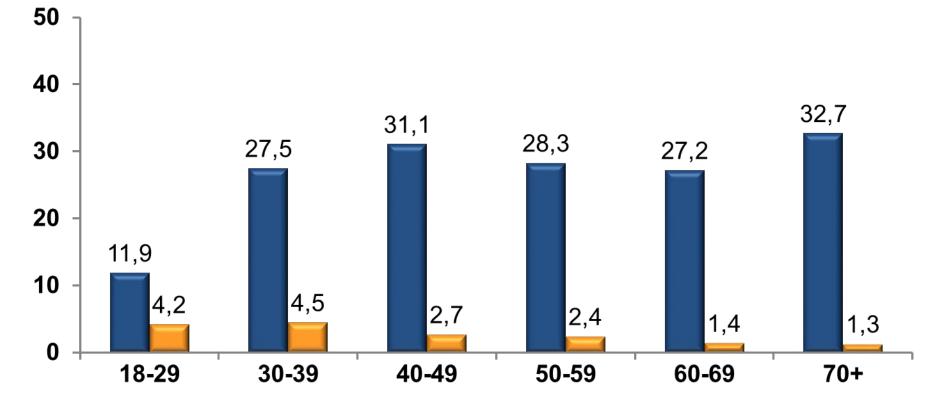
- Sample chosen using a stratified, multi-stage cluster design with systematic sampling
- Sample: 7,000 adults, <a>18 years of age
- Among participants who consented, together with risk factors, knowledge about hepatitis B virus (HBV) infection was collected.

HBV prevalence

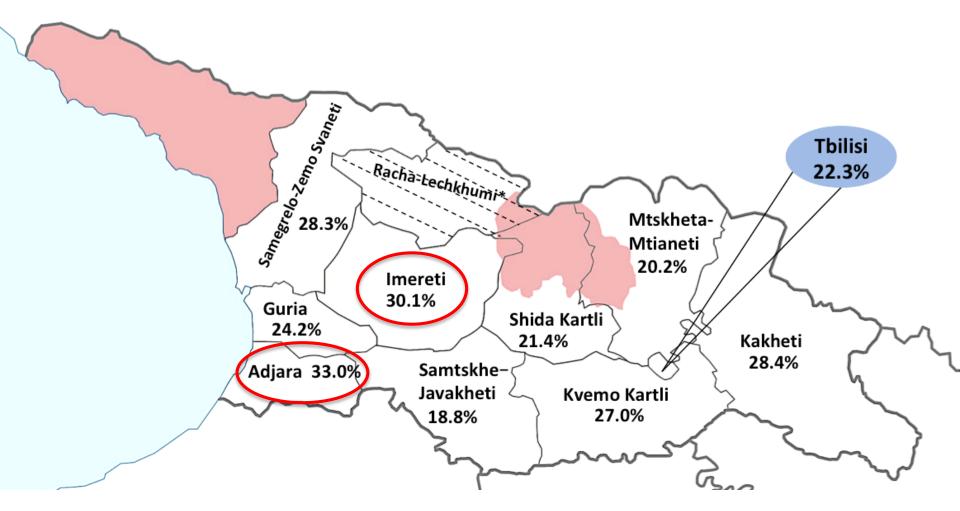
Overall	%	95% CI	
Anti-HBc+	25.9	24.2 - 27.6	HBV genotypes (n=77)
HBsAg+	2.9	2.4 - 3.5	36.4%
Anti-HBc+ & HCV antibody+	12.9	10.2 - 15.5	63.6%
HBsAg+ & anti-HCV+	13.3	5.8 - 20.8	■Genotype A ■Genotype D
HBsAg+ & HDV	0.9	0.0 - 2.0	

HBV prevalence by age-groups

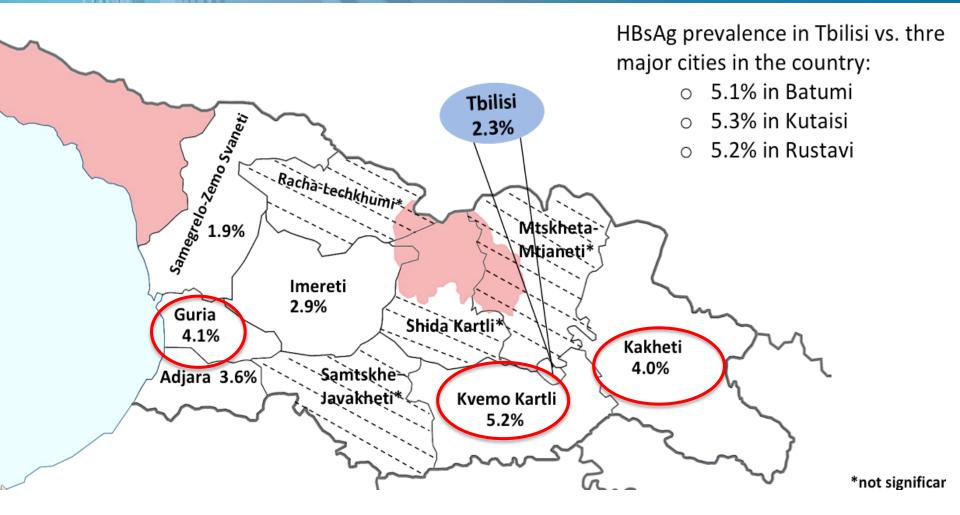
■ anti-HBc+ ■ HBsAg+



Distribution of anti-HBc by regions



Distribution of HBsAg by regions



Associated risk factors

Characteristic (anti-HBc+)	OR	95%CI
Ever injecting drugs	2.46	1.64 - 3.69
Ever having a blood transfusion	1.67	1.32 - 2.11
Ever having sex with a commercial sex worker	1.46	1.07 - 2.00
Characteristic (HBsAg)	OR	95%CI
Ever having a blood transfusion	2.72	1.54 - 4.80
Incarceration	2.72	1.25 - 5.93

*Ever injecting drugs was not associated with being HBsAg positive.

HBV knowledge

- Only 36.7% has ever heard of HBV
- Transmission:
 - Blood 23.3%
 - Sharing needles or syringes 20.6%
 - Sharing household objects like razors 18.7%
- Out of those who had heard of HBV, 42.8% were aware that it could be treated
- 42.5% knew that it could be asymptomatic

Limitations

- Cross-sectional design limited ability to draw causal associations
- Self-reported risk factor data
- Only included persons ≥18 years of age, so hepatitis B prevalence could not be estimated in younger age groups

Conclusions

- Prevalence is high to moderate compared to EURO region
- Young adults (18-39), were most affected by HBV infection (4.5%)
- Blood transfusion, IDU, having sex with the commercial sex workers, and incarceration were the risk factors associated with HBV infection exposure
- Prevalence of HBV varies by region
- Efforts should be focused on raising awareness about HBV infection and its associated risks among general population



Thank you